# ACTIVITY AND WELLBEING

## Moorways Sports Village

February Newsletter

## **Dates for your Diary 2024**

**Home Education Water Park Sessions** 

12.30pm-2pm

Mar 22nd / April 19th / May 24th / Jun 21st / July 19th / Sept 20th / Oct 18th / Nov 22nd / Dec 20th (Fridays)

#### **SEND Water Park Sessions for 2024**

3.30pm-5pm April 28th (Sundays)

#### **Autism Friendly Water Park Session**

3.30pm-5pm March 10th (Sunday)

Pre book online https://everyoneactivemoorways.digitickets.co.uk/tickets



# Sporting Champions 2024/25 Applications are Now Open!

The Sporting Champions scheme, now in its eighth year, supports up-and-coming, talented athletes by providing them with free access to our training facilities across the country. We support athletes in every way we can, from grassroots level to Olympians. The scheme, represented by a panel of Elite athletes and Sporting Champions Ambassador, Colin Jackson, holds mentoring sessions throughout the year covering a range of topics, offering advice and support on any challenges athletes may encounter throughout their sporting career.

### **Application Process**

Applications are now open until Monday 11th March.

Athletes successfully accepted onto the scheme will be notified via email at the end of April, ahead of the 2024-25 scheme launch on the 1st of May.

From regional competitors to Paralympians and Olympians, we support athletes of all ages and at all levels.

### As a minimum, the applicant must:

Be a nationally ranked athlete

Be a member of a regional squad with regional results in the previous two years or have represented at regional level in the previous two years

Athlete has finished in the top eight at regionals or equivalent competition in the previous two years

For more information or to apply for the scheme visit https://www.easportingchampions.com



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# Bookings for our Balance Bike sessions in March are now OPEN!

Is your child looking to learn to ride their balance bike or pedal bike?

Come and join our qualified instructor Jay, every Friday morning.



A great introduction for a child to learn how to ride a bike

Develops core balance
Lots of games and challenges
How to control a bike
Led by a qualified instructor
Bikes and helmets are provided or you can bring
your own.

For more information about which session is most suitable for your child contact

JayPlimmer@everyoneactive.com or to make a booking call our reception team on 01332 414310

### HAF confirmed for 2024

We're excited to announce that we will continue to deliver the Holiday Activity and Food Programme in 2024.

#### What can you expect?

- **Core** Programme for **5 11** year olds Including, Multi Sports, Soft Play, Swimming, Balance Bikes and much more.
- **Teen** Programme for **12 16** year olds Memberships to use the Gym and Swimming, as well as additional Swimming opportunities.
  - **SEND** Programme

For Parents and Carers to attend with their child and enjoy Sensory Swimming and Exclusive Soft Play.

If you are a group or organisation working with Children and Young People that are eligible to access the HAF programme, who would like to be involved in the programmes here at Moorways Sports Village, please get in touch.

Bookings are not open yet, but promotional

information will be available shortly.



## the journey starts here...

## **Balance Bike Sessions**

For Children Under 5 £14 in total

(£3.50 per Session)

Friday 1st March x4 weeks

10.30am - 11.30am **Stage I** Learn to

Ride a Balance Bike

11.30am - 12.30pm **Stage 2** Learn to

Ride a Pedal Bike

\*Indoors in Studio 3\*

A great introduction for a child to learn how to ride a bike

Develops core balance

Lots of games and challenges

How to control a bike

Led by a qualified instructor

Bikes and helmets are provided or you can bring your own.



Call 01332 414310 or email JayPlimmer@everyoneactive.com to book on



